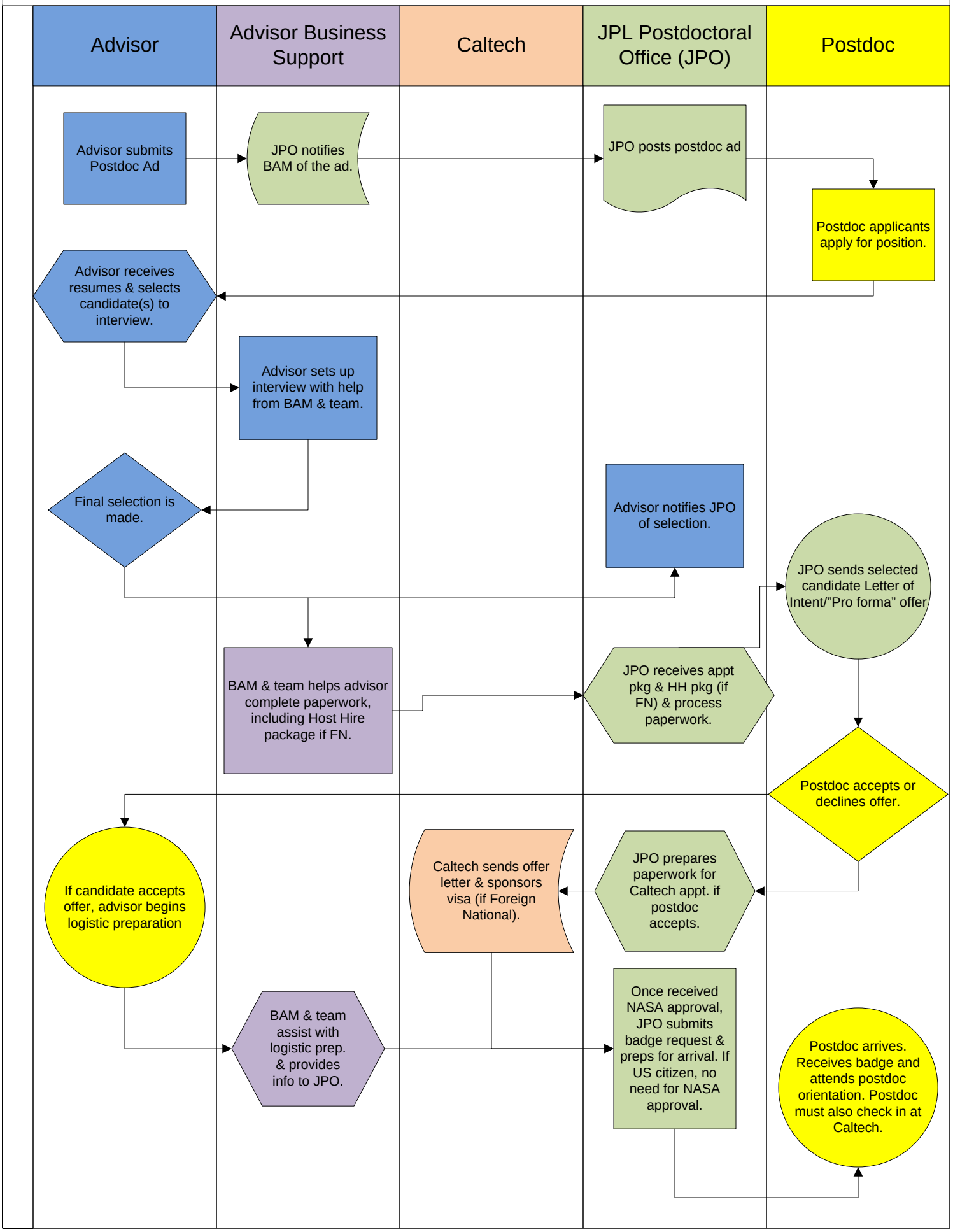Caltech Postdoc Program (CIT) PROCESS FLOW